**Crab Walk - Basketball Game**

**Objectives:**

* To work together as a team
* To score baskets for your team
* To get exercise
* To have fun

**The Game:**

The students will walk/crawl like a crab to move about the gym floor like basketball players to position themselves to score baskets or to play defense.

Walking like a crab would require the students to sit on the floor and scoot about.

They may raise up but must have 3 of the 5 contact point touching the floor. If not, it will be considered standing which is against the rules. (The 5 contact points: 2 hands-2 feet and butt).

**The Rules:**

* No standing
* No knees
* No moving with the ball (pass or shoot)
* Moving crabwalk style is okay without the ball
* No taking the ball from another student
* Observe the boundary lines
* Hand may be straight up to block
* Rounds are 2 minutes – (usually boys then girls)